



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Sera Davidow
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Sera Davidow is a filmmaker, activist, advocate, chocolate lover, and mother of two very busy kids. As a survivor of physical, sexual, and emotional abuse, Sera has faced many challenges throughout her own healing process, including many ups and downs with suicidal thoughts, self-injury, and seeing disturbing visions. At present, she spends much of her time working with the Western Massachusetts Recovery Learning Community (Western Mass RLC), serving on the board of Hearing Voices USA and writing for MadinAmerica.com. You can learn more about Sera and her work in “An Open Mind,” an article published in 2017 in *Sun Magazine*: <https://www.thesunmagazine.org/issues/496/an-open-mind>.

