



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Sean Donovan
Transformation Project Coordinator
Western Mass RLC

Sean Donovan is a queer man who has lived with suicidal thoughts since he was 13 years old. Sean has survived a couple of trips to locked psych units and through these lived experiences he has become an advocate for others locked up and a facilitator of peer support groups outside the system. With the Western Massachusetts Recovery Learning Community (Western Mass RLC), he continues to co-facilitate a weekly Alternatives to Suicide group – a successful model now in its eighth year. Sean co-founded an LGBTQIA+ peer support group in Holyoke, MA and has led workshops and trainings nationwide around the “Alternatives to Suicide” approach. Although slowed by COVID-19, he shares a band with two amazing women called, Feminine Aggression, that has hosted multiple shows of drag and punk performances in Western MA in recent years.

