Thomas Wexler was born in New Haven, CT. He is a writer, musician, and spoken word poet who performs throughout CT. Thomas has an undergraduate degree in American Studies from Yale University, and a Masters Degree in the same field from Bowling Green State University. He was drawn to Psychology through his effort to better understand how people with lived experience of mental illness and addiction, such as himself, fit into the cultural landscape. He is interested in finding clinical applications for the cultural representation of mental illness.