

BRSS TACS

Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

Resources for the Supervision of Peer Workers



The resources on this list provide education on peer support practices, best practices in supervision, and recovery-oriented services.

Meaningful Roles for Peer Providers in Integrated Healthcare: A Guide

This 167-page toolkit, written by the California Association of Social Rehabilitation Agencies in collaboration with other provider and service agencies, includes a chapter on the supervision of peer workers. Other topics include the basics of peer support practice, leadership development, and financing peer support. Download the PDF at http://www.casra.org/docs/peer_provider_toolkit.pdf.

Peer Support Toolkit

Philadelphia's Department of Behavioral Health and Intellectual Disability Services' toolkit supports behavioral health treatment agencies with integrating peer providers into their service settings. Structured as an interactive PDF in four easy-to-read sections, the toolkit incorporates many promising practices and resources relevant to leadership, supervisors, and peer staff. For more information and to download the free toolkit, visit <https://dbhids.org/peer-support-toolkit>.

For a quick tutorial in how to use the *Peer Support Toolkit*, follow this link to a YouTube video: <https://youtu.be/LinLpwRvcMs>.

Program Development Guide: Ongoing Monitoring, Supervision, and Support

Peers for Progress promotes peer support as a key part of health, health care, and prevention around the world. The mission of Peers for Progress is to accelerate the availability of best practices in peer support. To learn more, go to <http://peersforprogress.org/resource-guide/ongoing-monitoring-supervision-and-support>.

Supervisor Guide: Peer Support Whole Health and Wellness

This guide for supervisors outlines the role and responsibilities of peer workers who support the whole health and wellness of people living with mental illness and co-occurring health problems. The guide details the supportive actions of the supervisor, and is available as a downloadable PDF at https://www.integration.samhsa.gov/Supervisor_Guide_to_Peer_Support_Whole_Health_and_Wellness_-c-2013.pdf.

Core Competencies for Peer Workers in Behavioral Health Services

The Substance Abuse and Mental Health Services Administration directed BRSS TACS to identify and describe the core competencies needed to provide peer support services to individuals with or in recovery from mental illness or substance use disorder. This document describes the 61 competencies used by peer recovery support workers in behavioral health services. These competencies, which promote best practices in peer support, can guide the creation of job descriptions, train peer workers, and help set certification standards. Download the PDF at https://www.samhsa.gov/sites/default/files/programs_campaigns/brss_tacs/core-competencies.pdf.

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