

BRSS TACS

Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

BRSS TACS Recovery LIVE! Providing Digital Peer Recovery Support Services Resource List April 6, 2020

Resources from Presenters

Karen Fortuna

[Digital Peer Support Mental Health Interventions for People With a Lived Experience of a Serious Mental Illness: Systematic Review](#)

[Information on digital peer support](#)

William Stauffer

[10 Assurances to guide VRSS and protect the people we serve](#)

Robert Ashford

[Systematic review: Digital recovery support services used to support substance use disorder recovery](#)

[Digital Mutual Aid Meeting Safety Guidelines](#)

[Telerecovery Guide for Recovery Support Providers](#)

Additional Resources

Substance Abuse and Mental Health Services Administration (SAMHSA): [Virtual Recovery Resources](#)

SAMHSA: [Covid-19 Resource Page](#)

International Association of Peer Supporters (iNAPS): [Virtual Resources for Peer Support Workers](#)

International Association of Peer Supporters (iNAPS): [Peer-led Online Resources](#)

National Alliance for Recovery Residences: [COVID-19 Resources for Recovery Residences, Residents and Staff Members](#)

Faces and Voices of Recovery: [Introduction to Virtual Support Services](#) (recorded webinar)

New York Association for Psychiatric Rehabilitation: [Taking on the Challenge of Working Remotely and in Community during the Virus Crisis](#) (recorded webinar)

Pennsylvania Recovery Organizations Alliance: [Online Recovery Support Resources](#)

Center for Connected Health Policy: [Updates on telehealth policy changes made in the face of addressing COVID-19](#) (guidance is changing rapidly)

Smartphone Apps

- [Peer Support App Database](#)
- American Psychiatric Association: [App Evaluation Model](#)
- A-CHESS: Comprehensive Health Enhancement Support System: [Free app provides relapse prevention; peer connection; content and support](#)

BRSS TACS Resources

BRSS TACS webpages: <https://www.samhsa.gov/brss-tacs>

The Value of Peer Support Tools

General information: <https://www.samhsa.gov/brss-tacs/recovery-support-tools/peers>

The Value of Peer Support video: <https://www.youtube.com/watch?v=P7wt3O4SvFk&feature=youtu.be>

Informational Briefs

The Value of Peer Support: [English](#) and [Spanish](#)

The Value of Family, Parent and Caregiver Peer Support in Behavioral Health: [English](#) and [Spanish](#)

The Value of Peers Supporting Recovery from Mental Health Conditions: [English](#) and [Spanish](#)

The Value of Peers Supporting Recovery from Substance Use Disorders: [English](#) and [Spanish](#)

The Value of Peers Supporting Youth and Young Adult Recovery: [English](#)