

BRSS TACS

Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

Ryan Markley
Certified Peer Specialist
Open Sky Community Services

Ryan Markley is a psychiatric survivor with a bachelor's degree in psychology from the University of Alabama in Huntsville. As a Certified Peer Specialist for Open Sky Community Services, Ryan provides PeerTECH, a 12-week peer-supported smartphone program, which helps service users address their mental, physical, and social health needs.

Ryan works within the Adult Community Clinical Services Integrated Team Model as a change agent and strong advocate for LGBTQ+ rights and fair treatment, while providing mutual one-to-one and group peer-to-peer support for those struggling with life's challenges. Ryan is involved in several peer-led, community-based participatory research projects as a peer researcher for the Center of Excellence in Psychosocial and Systemic Research at Mass General Hospital. Ryan is an active member of the peer-run Central Mass Recovery Learning Community and Kiva Center, where she seeks mutual peer-to-peer support. Ryan is certified in Intentional Peer Support, Hearing Voices Network facilitation, Gender Identity and Sexual Diversity, Wellness Recovery Action Planning, and Digital Peer Support. Ryan is a mother and an abstract intuitive artist who uses her lived experience of extreme emotional states to help others express their emotions and find empowerment through art.

Substance Abuse and Mental Health Services Administration
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