
Hour 1: Introduction to Opioid Abuse

The instructor will provide details regarding the history of opioids how opiate use spread both in Massachusetts and the U.S. and describe demographics for use and overdose. Instructor will provide information on the difference between fentanyl and other opiates and discuss the economics of dealing fentanyl and other opiates.

Hour 2: Integration of Harm Reduction Techniques for Opioid Overdose Prevention

The instructor will discuss the physiology and risk factors of an overdose and introduce the basic principles of harm reduction and give concrete examples of harm reduction as a means to prevent or decrease the risks of opioid overdose. Participant will examine client scenarios and assess their risk for an overdose. The instructor will lead participant in determining Harm Reduction strategies for those clients. The section will end with a group discussion of education techniques to use with clients around opioid overdose prevention.

Hour 3: Responding to an Overdose and Naloxone distribution

In this section of the presentation, the instructor will demonstrate how to recognize and respond to an opioid overdose. Special attention will be paid to drugs typically used with opioids and their impact on responding to an overdose. Using a power point with clear visual aids, the instructor will demonstrate the steps for responding to an overdose, including assessment, rescue breathing, administration of Narcan and the rescue position. The instructor will also lead a discussion of “Good Samaritan” laws and their impact on overdose prevention. The instructor will demonstrate how to store and administer nasal Narcan. The instructor will then dispense nasal Narcan and register each recipient.