

## **Co-occurring**Goal Exercise Three



## **Case Study: Eugene**

Eugene is a 29-year-old man who has been homeless for the past eight years. He has been diagnosed with schizophrenia in the past but does not take any medication for the condition. He has been taking methadone for two years and his drug screens have all been negative. He is often disheveled and in need of a shower. You often have concerns about his health and safety because he avoids shelters and sleeps on the street. He has been beaten up and robbed many times. Eugene attends most required meetings but does not participate and has never initiated any contact with the clinic. You have often asked Eugene if he would like some help in acquiring housing. He always

refuses. When you probe, Eugene explains that he doesn't want to live in a group home and he doesn't want to take medication. He believes that the only way he can get housing is if he lives in a group home with other people who have mental illness and if he takes medication.

## How would you help Eugene set a housing goal?

Eugene has been working toward getting an apartment of his own with a caseworker from another agency. They have found a nice place, but it is located over an hour away. There is another methadone clinic about a 30-minute walk from the apartment and Eugene could transfer his care there, but Eugene does not want to move away from the neighborhood he's lived in all his life and he likes coming to this clinic.

How would you collaborate with the caseworker from the other agency?
How would you advocate for Eugene?